THE FIVE CIRCLES OF CYBER SAFETY

There are 5 actions parents can take to keep kids safer online and they spell out F-A-M-I-L-Y.

F: Filter the internet.
A: Align with your values.
M: Monitor online behavior.
I: interact with your kids.
L: Look at time online.

Y: Remember WHY this matters so much. Why are you doing this? Because you care and the mental and physical health of your child depend on these actions.

https://www.centerforonlinesafety.com/blog/5circles